



# The School Health List

Clippings from the media, web sites, journals and more

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For the Week of February 7, 2005

## This Week's Highlights

This week's summary includes

1. Heart and Stroke Foundation 2005 Report Card on Canadians' Health --Has the Suburban Dream Gone Sour? Visit <http://www.heartandstroke.ca> to find the report card and our new online tools and articles including
  - Community Assessment Tool: How Activity Friendly is Your Community?
  - Advocacy tool box to support individuals to advocate for more activity friendly policies and design in their community
  - Top Ten List of things you can do to get active now!
  - Feature articles on this emerging issue
  - A contest for new subscribers to our free monthly newsletter He@lthline (for a chance to win 1 of 100 pedometers)
2. [WHO and Canada to Cooperate in Combatting Chronic Diseases](#) such as Cancer, Heart Disease and Diabetes (2005 January 27)
3. Minister Dosanjh welcomes Health Council's [report on making health care system more accountable](#) to Canadians (2005 January 27)
4. [Academic Outcomes and School-Based Health Care Centers](#) A meeting of educators, school-based health center (SBHC) providers and evaluators was convened by the National Assembly on School-Based Health Care (NASBHC) to explore the relationship between school-based health care and outcomes related to academic success. This white paper: 1) summarizes the meeting proceedings and recommendations
5. [School wide Nutrition Interventions Work](#) ASCD Research Brief

## News Clippings

- [Breath Testing Technology Goes to High School](#) Globe & Mail, Feb 15, 2005 (PSR)
- [Officials note surge in cases of syphilis among gays](#) Globe & Mail, Feb 15-05
- [Professional fundraisers in demand](#) Globe & Mail, Feb 14-05
- [Questions of funding dog talks on national child-care program](#) Globe & Mail, Feb 12-05
- [Coming soon to a cigarette packet near you: images to make you quit](#) (UK) The Independent February 13, 2005
- [Parents Rage Hits Schools](#), Halifax Daily News, Feb 7-05 (PSR)
- [Troubled Cree youth feel lost, say worried parents](#) CBC News Jan 27-05
- [BC Puts Teens on Snow Boards to Boost Self-Esteem](#) National Post, Feb 12-05
- [Hockey Parents Face Charges](#) National Post, Feb 10-05 (PSR)
- [Minister Dosanjh releases new Federal Initiative to Address HIV/AIDS](#) (2005 January 13)
- [Limestone School Board adopts School Nutrition Policy](#) (Kingston Whig Standard, Feb 15-05)
- [Heart and Stroke report card exercised over suburban sloth](#) Globe & Mail, Feb 11-05
- [Alberta Town Charges Teens with Bullying](#) (PSR) Vancouver Sun, Feb 09-05
- [Jobs Cramp Students Academically](#) CanWest News, Feb 9-05
- [Teen Binge Drinking Can Do Long-Term Brain Damage](#) Reuters UK Feb 14, 2005
- [Car Black Box Lets Parents Track Teens](#) Montreal Gazette Jan 6-05
- [School Board in Quebec asks Teachers to read about Gays](#) Montreal Gazette, Feb 10-05 (PSR)
- [Canadian Documentary Helps Serbian Students Learn about Peace](#), Montreal Gazette, Feb 8-05 (PSR)
- [BC MLA Calls for Tax Breaks to Keep Kids Active](#), Times Colonist, Feb 3-05
- [Chief Dental Officer Appointed for Health Canada](#) (2005 January 11)
- [FDA Says Adderall Drug Data Isn't Enough for Recall](#) Bloomberg Feb 12-05

PSR = Paid Subscription Required to access that information  
FSR = Free Subscription Required to access that information

[www.safehealthyschools.org/mental\\_health.htm](http://www.safehealthyschools.org/mental_health.htm)

A collection of links to research, planning tools, summaries and more.

Shannon & McCall Consulting Ltd. | [schoolfile@schoolfile.com](mailto:schoolfile@schoolfile.com) | 604.575.3199



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## Journal Contents

[Does Student Substance Use Vary by Immigrant Status?](#) CAMH Population Studies E-Bulletin  
Jan/Feb 2005 Vol. 6 No. 1

[New Research on Bone Density in Adolescents Using Depo-Provera:](#) A new study appears to show that adolescent girls who lose bone mineral density while using the injectable contraceptive Depo-Provera make up for the loss when they stop use of the contraceptive, according to the National Institute of Child Health and Human Development.

## Reports and Studies

[Indoor Air Quality: Can Your House Make You Sick?](#) (Canadian Health Network)

[Report Finds 500 Percent Rise in School-Age Autism:](#) There has been an increase of more than 500 percent in the last decade according to a report released today by the U.S. Government Accountability Office.

[Effectiveness of Female and Male Condoms in Preventing Exposure to Semen During Vaginal Intercourse: A Randomized Trial](#) This comparison of male condom (MC) vs. female condom (FC) showed the FC was less effective than the MC in preventing semen exposure during use and led more frequently to self-reported user problems. Both devices were highly protective against "high-level" semen exposure, as measured by postcoital PSA levels in vaginal fluid.

[US Panel Recommends Meningitis Vaccinations for 11-12 Year-Olds,](#) Wall Street Journal, Feb 10-05 (PSR)

## Web Resources

[Help Your Community.org](#)  
Provides information about community coalitions, a database of community coalitions, ideas for individual involvement, and success stories. Includes links to related sites. Office of National Drug Control Policy (ONDCP).

[Aboriginal Children's Circle of Early Learning Website.](#) The Aboriginal Children's Circle of Early Learning (ACCEL) has officially launched their new website. The ACCEL is a fully functioning bilingual, web portal clearinghouse on Aboriginal early childhood development (ECD).

February 3, 2005- The Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD) has declared February 21-25th, 2005 as "Keep the Physical in Education Winter Week" in celebration of the Year of Sport and Physical Education. To help schools participate in Winter Week CAHPERD has developed themes, lesson plans, activities and event ideas. These tools are free for teachers and parents and at [www.yearofsportandpe.ca](#) In addition, schools are challenged with the task of creating and submitting their own ideas that will be posted in the "Awesome ideas" section.

[Super Size Me for Schools](#)  
Morgan Spurlock, director and star of "Super Size Me," has prepared an edited classroom version of his Academy Award-nominated documentary chronicling his experience of eating only McDonald's food for a month. Spurlock hopes the school DVD, aimed at grades six through 12, will teach children to make smart food choices

[Beyond words: the health-literacy connection](#) (CHN) find out why health literacy is now identified as a critical resource for daily living.

February features for the website IDM Best Practices for health promotion, public health and population health, at [www.idmbestpractices.ca](#), includes "How to Appraise Qualitative Research" (Evidence4U) and "Appraisal Tool for Qualitative Research" (CASP)

## HOW DO I GET PARENTS INVOLVED?

For more information on empowering parents to promote the health of their children through school-community programs, visit:

[www.safehealthyschools.org/parents.htm](#)

research • strategies • articles • links  
fact sheets • programs • resources

