



Welcome to our first issue after a long hiatus. Our company has published this email list for several years as a public service, in cooperation with the Canadian Association for School Health. In 2005, we return in a new, weekly format, using a PDF document posted on our web site. This will offer easy printing and less concern with embedded images in emails. However, our content will remain the same, offering web-based links to:

- clippings from Canadian and major international newspapers
- selected contents of professional journals
- a variety of web-based educational and planning resources
- reports, summaries and trends analyses on current educational and school leadership issues
- announcements and news from provincial/territorial and federal agencies

Occasionally, we will have a "blog" section, where we, and others, will be able to submit brief musings and observations about events and trends in Canadian education. If you have something to share with your colleagues, please send us an email to dmccall@schoolfile.com.

We are also going to experiment with some unobtrusive advertising to pay for this service. As our many, loyal subscribers over the years know, our company has carried the cost without charging a subscription fee. Hopefully, this will enable us to continue to publish this list.

Sincerely,
Doug, Mary and Erin McCall

This Week's Highlights

This week's summary includes

1. [Report on Healthy Schools in England](#)

This briefing is a summary of the National Healthy Schools Program, includes highlights of current trends relating to the health behaviour of English school-aged children; an overview of what the National Healthy Schools Program is and how it works; a rationale for investment in local healthy schools programs; presents evidence of the effectiveness of the National Healthy Schools program.

2. Canadian Foundation for Drug Policy **Cannabis legislation update (November 1, 2004)**: The Government introduced Bill C-17, [An Act to amend the Contraventions Act and the Controlled Drugs and Substances Act](#). This bill appears to be identical or almost identical to the bill introduced by the last government on February 12, 2004



An educational resource for kids

www.gosmokefree.ca/prof

News Clippings

[Persverance in Dieting Pays Off](#)
CBC News Jan 05-05

[Computer game helps students recognize stalkers](#) (Globe & Mail, Jan 21-05)

[Courses use movies, sports for leadership lessons](#) (Globe & Mail, Jan 21-05)

[AIDS killed son, Mandela says](#)
Globe & Mail, Jan 07, 2004 (PSR)

[New education program in N.B. raises questions about modern sex-ed](#) (Canadian Press, Dec 21-04)

[Stress increases kids' chance of using drugs, alcohol](#) (Salem News, Jan 10-04)

[Quebec primed for full smoking ban](#) The Gazette January 12, 2005

[Non-profit child-care centres rate better, study shows](#)
(Globe & Mail, Jan 10-04 - PSR)

[Study: Sex Habits Unchanged by Emergency Pill](#) USA Today Jan 05-05

[Flavored cigarettes, colorful wrappers ignite ire](#) (USA Today, Jan 07-04)

[Stress increases kids' chance of using drugs, alcohol](#) (Salem News, Jan 10-04)

[Epidemic of self-harm grips pupils](#) Sunday, January 16, 2005 The Guardian

[Gambling Awareness Program for Students](#)
[Extended NS GAMING CORPORATION](#) News Release January 13, 2005

PSR = Paid Subscription Required to access that information
FSR = Free Subscription Required to access that information



The School Health List

Clippings from the media, web sites, journals and more

Journal Contents

[Health Education Research Contents Alert](#)

February 2005; Vol. 20, No. 1

- Children's perceptions of their home and neighborhood environments, and their physical activity: a qualitative and quantitative study
- Physical education's contribution to young people's physical activity levels
- Building a health promotion agenda in local newspapers
- Virtual reality vignette: a novel approach for assessing adolescents' social competency skills
- Bullying: Involvement of children, teachers and parents in bullying behavior

A sexual health strategy for Australia? time for action [Sexual Health](#) 1(4) 197-199. DJ Chan et al.

Reports and Studies

[Canada has a gambling problem](#)

Globe & Mail (Jan- 06-05) (PSR)

Andre Picard Public Health Reporter

One of the most pervasive fantasies of Canadians is hitting the jackpot -- a financial windfall from winning the lottery, or striking it rich at the casino or the video lottery terminal in the neighbourhood bar. It is a costly fantasy. Revenues from government-run gambling operations exceeded \$11.8-billion in 2003. That is a four-fold increase in just a decade.

[Schools and School Districts That Have Improved School Foods and Beverages and Not Lost Revenue](#) (US Report)

[New Look for CHN Newsletter](#)

The new Healthlink bulletin from the Canadian Health Network includes lots quick quizzes, surveys and tips on how to stay healthy and prevent disease.



Voices & Choices
Planning for School Health

Web Resources

[Tsunami Resources for Teachers](#)

Grade Level: 6-12 a collection of lesson plans and resource sites

[Tsunami Toolkits](#)

(BC Education Ministry)

[Ask, Listen, Learn](#) (ALL): How to Talk to Your Adolescent About Alcohol

Dietitians of Canada launched the [Eating + Activity Tracker](#)

(EATracker) - a new web-based tool that enables visitors to track their day's food and activity choices.

Building Towards Best Practices in Intergenerational Programming United Generations Ontario (UGO) is embarking on a 2 year, \$365,000 initiative called "Building Towards Best Practices in Intergenerational Programming" Deliverables of this initiative include a Best Practices in Intergenerational Programming Toolbox, a series of regional workshops for practitioners, and a Symposium on Best Practices in Intergenerational Programming in fall 2006 For more information about UGO, visit the website <http://www.unitedgenerations.ca>. For more information about the Lifestyle Information Network, visit <http://www.lin.ca>.

[High school: on the frontline of mental health](#)

A CHN feature Article

[Increase in Mumps in UK Being Monitored](#) (Public Health Agency of Canada)

From Active 2010

- [Community Sport Toolkit: Creating the Message](#)
- [Community Sport Toolkit: Choosing the Channel](#)
- [Community Sport Toolkit: Check it Out](#)
- [Community Sport Toolkit: Moving Beyond the Barriers](#)

[Canada's Second Conference on Bullying & Victimization](#)

March 21-23, 2005, Ottawa

[Cities of Today, Cities of Tomorrow](#) is an

interdisciplinary resource designed for use with history, social studies, geography, economics, global studies, government and civics, world civilizations, current events and environmental studies.

The resource is a new addition to the UN [Cyberschoolbus](#) website that was created in 1996 as an online educational component of the Global Teaching and Learning Project The website also offers lesson plans to help students use what they learn to build their own [ideal city](#).

[Canada ratifies the Framework Convention on Tobacco Control](#), the world's first public health treaty (2004 December 2)

[US to Require Healthy School Policies](#) (Center on Health Services in Schools)