

The School Health Listserve

For the week of October 17, 2005

The School Health Listserve provides news clippings and resources for school leaders and educators. This week we have included a variety of resources on water and ice safety, and aquatic facility management. We hope you find this information useful.

Best regards,

Principals Online

P.S. Please watch for the launch of more school health resources on October 28, 2005, at www.principalsonline.com!

Best regards,

Principals Online

School Health News & Resources

[Marketing Physical Activity: Lessons Learned From a Statewide Media Campaign](#)

Michael Peterson, Avron Abraham, and Allan Waterfield
Health Promot Pract 2005;6 437-446

[Physical Activity Among Minority Populations: What Health Promotion Practitioners Should Know – A Commentary](#)

Sarah M. Lee
Health Promot Pract 2005;6 447-452

[Development of an Ecological Assessment Tool for a Workplace Physical Activity Program Standard](#)

Ronald C. Plotnikoff, Tricia R. Prodaniuk, Allan J. Fein, and Leah Milton
Health Promot Pract 2005;6 453-463

[Ice Myths and Cold Realities](#)

Ice is constantly changing in response to weather and water conditions. That's why ice is never 100 percent safe, even when you've tested its thickness. The best advice is to stay off it. If you do decide to venture onto the ice consider these facts.

[Safe Boating and Fishing Tips](#)

Lifesaving Society research shows that the vast majority of drownings are not accidents. These incidents are predictable, preventable and represent choices. Most drownings are a result of choices we make about our boating and fishing activities in, on or around the water.

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[Water Smart Tips](#)

Drowning is the second most common cause of unintentional injury death for Canadians under the age of 55 and more than half of these deaths occur during the 3 months of June, July and August. Lifesaving Society research shows that the vast majority of drownings are not accidents.

[Contract Lifeguarding - Are You and Your Customers Protected](#)

Throughout the year the Lifesaving Society receives calls from lifeguards and groups such as schools with questions about lifeguarding events at local lakes, backyard pools or similar facilities.

[Aquatic Facility Safety Management](#)

Aquatic safety management is not just a concern for the owner/operators of aquatic facilities (swimming pools, wading pools, hot tubs, or beaches). Many different groups and individuals have a need to access resources and support materials to provide safe aquatic areas and activities.

[Canadian First Aid Manual](#)

104 pages of full colour diagrams and illustrations with step-by-step instructions on how to perform first aid. Making the review of first aid skills a breeze!

[Swim to Survive Activity Guide](#)

Available to support families, youth groups and school teachers who want to offer the Swim to Survive Award. The Swim to Survive Award is based on the Canadian Swim to Survive Standard.

[Water Smart Activities Guide](#)

Teaches people to make Water Smart choices, helping them to avoid injury while playing or working in, on and around water or ice. It is full of activities that interactive, wet and fun for every family member.

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COMING SOON!

Principals Online

Online resources for school-leaders.

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